

# **FEEDING Matters**

FEEDING AMERICA

#### A Publication of the Food Bank of Northern Indiana

**SPRING 2020** 

I heard about the food pantry from a friend. She was trying to help me get some items for her house, where I had been staying for a couple of weeks.

Before that, I was living in my car, after being kicked out of my house by my ex-husband. I had been married for a couple of years and when I found out that my marriage was over, it came as a surprise.

When I moved into my car, I thought it would only be for a short amount of time. It turned out to be a long while, which also was unexpected.

I started a new job and one of my coworkers offered for me to stay on her couch. She also mentioned that the food pantry was free and I could shop there once a

month and it could help me out.



~ Jennifer, Food Pantry Client



**April 13 – May 11** 



In partnership with the Food Bank of Northern Indiana, Walmart and Sam's Club are inviting shoppers to fight hunger in their local community through Fight Hunger. Spark Change. There are three ways to participate — purchasing a participating item in-store or online, donating in-store or donating on Feeding America's website. For more information visit **feedindiana.org**.



### WISH LIST

- ✓ (1) Electric Lift Truck \$4,000
- ✓ (5) Pallet Jack \$300 each
- New Lighting (back of warehouse) \$50,000
- ✓ New Lighting (2<sup>nd</sup> floor, warehouse) \$50,000
- ✓ New Roof \$200,000
- (4) Cooler \$9,000 each
- (4) Freezer \$10,000 each
- (1) Truck with Refer Unit \$150,000
- Remodel of Community Food **Pantry** \$200,000



**Canned Chicken and Tuna Peanut Butter and Jelly** 

**Canned Soup** 

Pancake Mix and Syrup

**Boxed Helper Meals** 

(Macaroni and Cheese, Lasagna, Alfredo, Cheeseburger)

Spaghetti and Spaghetti Sauce **Canned Beef Stew and Ravioli Boxed Breakfast Cereal** 

Cooking Oil

**Low Sodium Canned Vegetables** Low Sugar/Light Syrup Canned Fruit Condiments

**Cleaning Products** (Laundry Detergent, All Purpose Cleaners, etc.)

**Personal Care Items** 



Call 574-232-9986 ext. 124 for more information.

## IN MY VIFW

It's spring in northern Indiana. While I'm ready for this change of season with warmer days, sunshine and beautiful spring bulbs, the weather is unpredictable. Life is that way, too.

I'm thinking about Jennifer, whose marriage ended, was kicked out of her home and lived in her car. Shopping at a food pantry was a safety net and allowed her not to make that difficult decision choosing between eating and paying for necessities. Now, she's back on her feet and volunteering, too.

People like Jennifer struggle with hunger and live in every community we serve.

Your support helps us create healthier communities. We can't do it without you.

#### Hunger is a story we can end.

With gratitude,

- whirec

Marijo Martinec **Executive Director**  **TT** If you can't feed a hundred people then feed just one. 77

~ Mother Teresa

# AGENCY PARTNER NEWS

#### **Agency Spotlight — Combined Community Services**

Combined Community Services (CCS) was founded by the Greater Warsaw Ministerial Association to stop duplication of services provided to those in need in Kosciusko County.

Throughout support from local churches and the United Way of Kosciusko County, CCS became a central agency for Kosciusko County residents in need. Since its beginning in 1984, CCS has been a clearing house for people to come to for assistance. From food, clothing, diapers, baby formula, personal/hygiene products to financial assistance with utilities or providing legal advice, CCS meets a variety of needs for families in immediate crisis.

Over the years, sufficiency programs have been added to provide low-income households with the tools needed to become financially independent. Today, CCS serves more than 600 families a month with food including fresh meats and produce, helping numerous families become financially independent through self-sufficiency program.

#### **Combined Community Services**

1195 Mariners Dr., Warsaw, IN 46582. (574) 269-6019 Monday, Tuesday and Thursday: 9 a.m. – 4 p.m.; Friday (Senior Day): 9 a.m. – 1 p.m.

## TO FIGHT HUNGER, WE NEED MORE COWBELL

The Food Bank is looking for 28 St. Joseph County businesses to participate in the More Food More Cowbell Challenge. Participants will commit to raise at least 2,000 lbs. of non-perishable food items from April 27 – May 8. The Food Bank will provide orange collection barrels for the Cowbell Challenge. Barrels will be delivered the week of April 20 and picked up on Friday, May 8. The business that raises the most food will win a Cowbell Trophy and bragging rights!



For more information, contact Sarah Norton, communications intern, at

(574) 286-9121. Remember, more food, more cowbell!

More Food. More Cowbell. Food Drive Challenge will take place from April 27 – May 8 in conjunction with the 28th N.A.L.C. Stamp Out Hunger Food Drive.







# HUNGRY NEIGHBORS COUNT ON US

I love my Michiana home and feel very blessed to live here, enjoying the area's natural beauty and our caring community. There is so much to do and see with so many wonderful people. Being involved with the Food Bank over these past 13 years, my life has been enriched by working with such a diverse group of individuals. They have a dedicated staff that is so very focused on eliminating hunger in our community. This sense of community involvement and that helping mentality is something so very special here in northern Indiana.

The Food Bank had a great year in 2019, increasing the distribution of food to those in need, and along with the increase in distribution came an even greater need — we still need you! Many individuals have approached me asking how they can help. I tell them, "start with volunteering." Spend a day helping and it will change your life! Challenge your employer or team to commit one day a month, it's a great team building experience and is guaranteed to make your team stronger.

Finally, if you are unable to commit your time, you can help your community with your financial support. Your generosity makes a difference.

The Community Food Pantry of St. Joseph County, the on-site food pantry at the Food Bank and the largest pantry in our six-county service area, is overwhelmed with need and underwhelmed on size, perhaps your company would commit to help expand it, so more of our community can be served.

No matter your level of community involvement, I ask you to just commit and help your Food Bank feed those in it. It will enrich your life and your community.

Jeff Wisler 2019 Food Bank Chairman





THANK YOU!

## 2019 AT A GLANCE

Through its network of 143 active agency partners, the Food Bank of Northern Indiana distributed 8.8 million pounds of food through food pantries, soup kitchens, shelters, and daycare facilities in Elkhart, Kosciusko, LaPorte, Marshall, Starke, and St. Joseph Counties. In addition, we directly provide food to people in need through our Food 4 Kids Backpack Program, Healthy Choices Market, Senior Nutrition Program, Senior Healthy Choices Market, Mobile Food Pantry Program, Commodity Supplemental Food Program (CSFP) and The Emergency Food Assistance Program (TEFAP).

- **Pounds Distributed** 8,819,358 lbs. provided up to 6,890,123 meals.
- **Pounds Acquired** 9,405,757 lbs.
- Agency Direct Retail Pick-Up Program Acquired 1,150,431 lbs.
- Food 4 Kids Backpack Program 2,568 students, 99,776 bags, 299,328 lbs., 199,552 meals.
- Senior Nutrition Program 10,182 bags, 141,878 lbs.
- **Healthy Choices Market** Nine classes, 156 clients/45 households, received 792 lbs. of food.
- Senior Healthy Choices Market 21 classes, 215 clients/192 households, received 2,462 lbs. of food.
- Commodity Supplemental Food Program 639 clients served through 12 sites in Elkhart, LaPorte, Marshall and St. Joseph Counties, 210,257 lbs. distributed, 212,273 lbs. received
- The Emergency Food Assistance Program 4,432,707 lbs. distributed, 4,621,282 lbs. received.
- **Volunteers** 32,270, 11,316 hours.
- Community Food Pantry of St. Joseph County 20,427 households/90,302 individuals served, 1,634,212 lbs. distributed.

# DONORS AND COMMUNITY

#### 2019 Top 20

#### **Top 20 Food Donors**

RTI Services Sam's Club #6315 NFI Industries/Bimbo Bakeries Bimbo Bakeries/Elkhart Walmart #2276 Walmart #1378 Stanz Foodservice, Inc. Walmart #2680

Walmart #4399

Walmart #2679

National Association of Letter Carriers

Walmart #1566

Walmart #3436

Walmart #1304

Little Caesar's Pizza –

Sage Management

Target/Granger Walmart #1487

Walmart #2678

Target/Goshen

Canteen Services

#### **Top 20 Food Drives**

National Association of Letter Carriers

Bayer Healthcare

iPorch – Irongate Estates

Kennedy Primary Academy Elm Road School

Martin's Super Market #25

Martin's Super Market #11

Martin's Super Market #10

Martins Super Market #10

iPorch – Westwood Hills at Elbel

Goodwill – Western Avenue

The Horton Group

Temple Beth-El

Martin's Super Market #4

Prairie Visit Elementary School

Real Housewives of LaPorte County

Academy Arts Pre-School

FDC Graphic Films, Inc.

Jordan Automotive Group

Weichert Realtors -

Jim Dunfee and Associates St. Paul's Lutheran Church

# YOU COUNT ON US TO USE YOUR DONATION WISELY



# Fundraising Management & General Kids & Senior Programs All Food Distribution Costs\*

#### **Financial Report**

Statement of Financial Position December 31, 2019

#### INCOME

<b>Donations and Gifts</b>	\$1,298,418
<b>Government Contributions</b>	\$279,287
Special Events	\$19,948
Programs	\$230,686
Procurement	\$668,534
Estimated Total Income	\$2 496 873

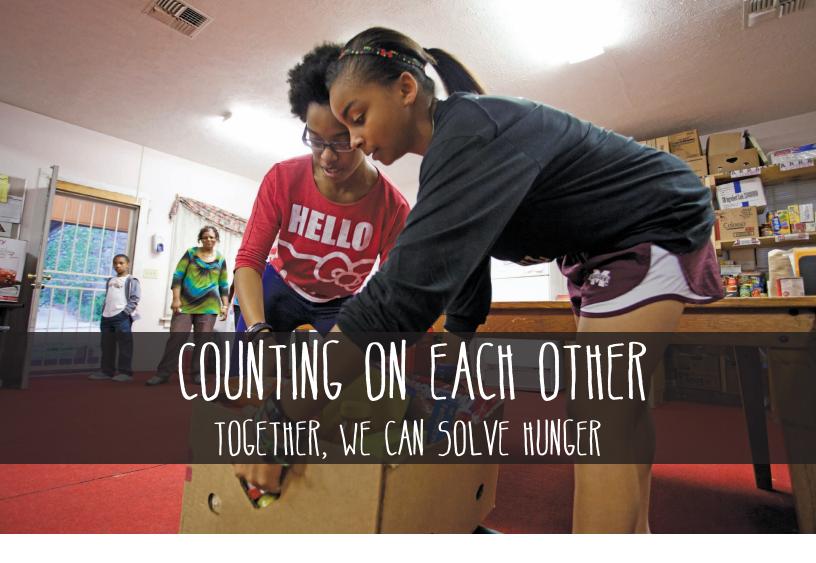
#### **EXPENSES**

All Food Distribution Costs <sup>*</sup>	\$1,542,583
Kid and Senior Programs	\$268,650
Management and General	\$329,611
Fundraising	\$261,021
Estimated Total Expense	\$2,401,865

ESTIMATED NET INCOME

\$95,008

available upon completed audit.



# OUR MISSION

The Food Bank of Northern Indiana works in partnership with the community to feed the hungry, increase awareness of the effects of hunger, and lead programs designed to alleviate hunger. The Food Bank serves Elkhart, Kosciusko, LaPorte, Marshall, Starke, and St. Joseph Counties and is a member of Feeding America, Feeding Indiana's Hungry (FIsH) and United Way.

702 Chapin St South Bend, IN 46601-2804 574-232-9986 • 800-879-7040

feedindiana.org



The Food Bank of Northern Indiana is a proud member of:







#### **Senior Nutrition Program**

Through February 2020, the Senior Nutrition Program served 1,713 seniors and received 21,057 lbs. of food in Elkhart, Kosciusko, LaPorte, Marshall, Starke and St. Joseph Counties.

Each Senior Nutrition Program bag costs \$7.50 per month.

The Food Bank is in need of reusable cloth bags for this program. If you can donate bags, please call **(574) 232-9986 ext.124**.

#### **Healthy Choices Market**

Educating low-income diabetic and high blood pressure patients to learn, choose and live a healthier lifestyle, the Heathy Choices Market is a kitchen, classroom, and mini farmers market. Participants receive cooking instruction from a chef and fresh items to recreate in their own kitchen.

Through February 2020, 43 individuals/13 households attended Healthy Choices Market classes at the Food Bank and 32 individuals/28 households participated in Healthy Choices Market classes at Fairington Apartments, Penelope 60 Apartments, and Robertson's Apartments.

An investment of \$100 supports one client each month.

#### **Food 4 Kids Backpack Program**

The Food 4 Kids Backpack Program is feeding 2,230 students in 40 schools in Elkhart, LaPorte, Marshall, Starke, and St. Joseph Counties during the 2019 – 2020 school year. The Jordan Automotive Group has served as the program's presenting sponsor since 2009.

An investment of \$140 provides one student with a weekend bag of food during the school year and the nutritional tools to be successful in school AND life.

#### **FOOD FINDERS**

To meet the demand for emergency food assistance, the Food Bank actively seeks manufacturers, wholesalers, retailers, food growers, packers, and grocers to procure more protein, produce, dairy, and shelf-stable items to distribute through our network of agency partners.

Through February 2020, the Food Bank distributed 1,532,078 lbs. and receipted 1,721,744 lbs. of product. During this period, 678,834 lbs. of government commodities was distributed and 910,759 lbs. was receipted.

Our Agency Direct Pick-Up Program receipted 276,962 lbs. in Elkhart, Kosciusko, LaPorte and Marshall Counties through February 2020. These agency partners work with Food Bank retail partners to pick up product Monday through Friday.

#### **Commodity Supplemental Food Program (CSFP)**

To qualify for this program, clients must be at least 60 years old, reside in one of the four counties where the program is offered, and have an income that is 130 percent less of the federal poverty level. Special thanks to the USDA and the Indiana Department of Health for allowing us to participate in this valuable program for seniors.

Through February 2020, 1,681 seniors in Elkhart, LaPorte, Marshall, and St. Joseph Counties received 21,057 lbs. of food.

The Community Food Pantry needs volunteers to serve in a variety of rolls in the pantry including: stocking, cleaning, assisting clients with shopping, bagging clients' food, etc. Volunteer are needed anytime between the hours of 8 a.m. – 4 p.m. Monday and Friday and from Noon – 7 p.m. on Wednesday. Call **(574) 232-9986 ext. 128** for more information.

#### **2019 Mobile Pantry Statistics**

County	# of Distributions	Pounds	Households	Individuals
Elkhart	0	0	0	0
Kosciusko	0	0	0	0
LaPorte	0	0	0	0
Marshall	0	0	0	0
St. Joseph	1	7,115	117	541
Starke	2	28,753	322	956
Total	3	35,868	439	1,497

Due to the production schedule of Feeding Matters, these numbers reflect mobile food pantries through February 2020.

Mobile food pantries supplement the work of our partner agencies in our six-county service area and are a bonus for those in need. A typical mobile food pantry offers fresh perishable items including produce, grains, dairy, protein, and dry goods. Sponsorships start at \$3,000.00 and offer a terrific way to feed the hungry in your community. Call **(574) 232-9986 ext. 124** for more information.

#### **Community Food Pantry of St. Joseph County**

Through February 2020, the Community Food Pantry of St. Joseph County served 17,186 individuals/3,996 households and distributed 240,675 lbs. of food.

Your support makes a difference for these programs. Call **(574) 232-9986 ext. 124** for more information.



#### 2020 Board of Directors

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David Sisk United Way of LaPorte County

> Alicia Webber Healy Group

Marijo Martinec, Executive Director & CEÓ, Food Bank of Northern Indiana

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100% (\$154,538.00) [FY2019] of total program costs for The Emergency Frod Assistance Program (TEFAP) are financed with federal funds. TEFAP is an equal opportunity employer and provider.

100% (\$41,424.00) [FY2019] of total program costs for the Commodity Supplemental Food Program (CSFP) are financed with federal funds. CSFP is an equal opportunity provider.

# OF NORTHERN INDIA







Food Bank of Northern Indiana 702 Chapin St South Bend, IN 46601-2804 feedindiana.org 574-232-9986 • 800-879-7040

#### 15-FBNIN-0420-NA

## VOI UNTEFR'

The Food Bank launched MobileServe, a volunteer tracking service, in early February. This service allows administrative staff to immediately see real-time stats including:

- Total hours served
- · Hours served by month
- Hours logged by category
- Economic value of your volunteer hours
- Upcoming events

Volunteers now check-in using a computer kiosk located in the Food Bank's front office. In addition to tracking volunteer hours, MobileServe helps build custom, graphic-rich reports, view top volunteers, and ultimately save time on reporting each day. MobileServe even has an app for volunteers to see their logged hours, look up volunteer events and much more! What are you waiting for? Download the MobileServe app today, and create your account before coming in to volunteer with us!

Through February, 1,853 volunteers provided 5,024 hours for Food Bank programs.



Fighting Irish Fighting Hunger sponsored a mobile food pantry in St. Joseph County at Evangel Heights Church in February. Thank you!



Thanks to the St. Joseph Health Department for holding Fight Lead with Food Cooking Classes in the Community Food Pantry of St. Joseph County. The Split Pea Burrito Bowl was yummy!

Can you spare an hour or whole day? Share your time and talent with us! Volunteer opportunities are available Monday - Friday from 8 a.m. - 4 p.m. and Wednesday until 6 p.m. Call (574) 232-9986 ext. 128 for more information.

## 28TH NATIONAL ASSOCIATION OF LETTER CARRIERS (N.A.L.C.)

#### Stamp Out Hunger Food Drive Set for Saturday, May 9

In communities across the country, N.A.L.C. members will be collecting food along their routes on Saturday, May 9, for the 28th Annual Stamp Out Hunger Food Drive. Stamp Out Hunger is the nation's largest food drive and the Food Bank's largest

THIS SPELLS HELP FOR LOTS OF FAMILIES THIS YEAR!

#### FOOD DRIVE

SATURDAY, MAY 9, 2020 PUT YOUR NON-PERISHABLE DONATION IN A BAG BY YOUR MAILBOX. WE'LL DELIVER IT TO A LOCAL FOOD BANK.







drive of the year, keeping shelves stocked with food throughout the summer — when demand is high and food donations are very low. The goal for this year is to collect 100,000 lbs. of food in St. Joseph County.

Your support and participation in this community event can help change the lives of those struggling with food insecurity in northern Indiana, just like it helped several clients of the Community Food Pantry of St. Joseph County, the Food Bank's on-site food pantry. One client shared her thoughts on Stamp Out Hunger by stating: "Events like Stamp Out Hunger that keep the pantry shelves stocked through the summertime are crucial to my family. My kids aren't receiving meals from school during this time of year like they normally would. People may be more friendly with donations around the holidays, but really, it's a yearround struggle and these types of events can really help when times are tough."

Place non-perishable bagged (plastic, if it looks like rain) food donations next to your mailbox by 8 a.m. on Saturday, May 9.

Volunteers are needed to assist letter carriers along their routes by collecting food in South Bend neighborhoods.

For more information, visit feedindiana.org or call (574) 232-9986 ext. 124.