

FEEDING Matters

A Publication of the Food Bank of Northern Indiana

FEEDING AMERICA

SPRING 2025



ON THE FRONT LINES At a Glance

- The Food Bank distributed 11,082,250 pounds of food and received 11,606,890 pounds from January December 2024.
- From January December 2024, 235 mobile food distributions served 38,965 households/115,475 individuals and distributed 1,178,700 pounds of food — the equivalent of 920,859 meals in our six-county service area.
- **9,891 volunteers** contributed **25,638 volunteer hours**.
- 35,488 households/120,589 individuals were served at the Community Food Pantry of St. Joseph County. This pantry distributed 1,738,778 pounds of food — the equivalent of up to 1,358,420 meals.

*Due to Feeding Matters production schedule, numbers reflect January – December 2024.

Why I Volunteer – Peter L.

Peter L. volunteers at the Food Bank Tuesday mornings for a 2.5-hour volunteer shift. As a University of Notre Dame faculty emeritus, Peter had time and wanted to be useful to the community. Through volunteering, Peter learned just how dire some situations are: many people, too many people, do not have adequate food supplies.

He volunteers because he wants to do his part for the people who depend on the Food Bank for their food. Each time he volunteers, Peter always leaves feeling that his service has made a difference in some people's lives, even though he may not always see them. And he's made some friends of fellow volunteers. Peter knows the Food Bank depends on him.

Peter enjoys packing food for the Food 4 Kids Backpack Program and the Commodity Supplemental Food Program serving low-income seniors.

Peter wants the community to know it takes many hands to feed hungry neighbors. The need for volunteer help at the Food Bank is great and ongoing. He believes volunteers will have the satisfaction of knowing that they are helping real people in need.



Volunteers make our mission possible. Can you help us feed hungry neighbors? Please call (574) 232-9986 ext. 129 for more information about volunteer opportunities at the Food Bank.

WISH LIST

Residing Exterior of the Building - \$400,000

MOST NEEDED ITEMS

Boxed Breakfast Cereal Boxed Helper Dinner Meals (Any Variety) **Canned Fish and Meat Canned Soup** Pasta Spaghetti Sauce **Canned Fruit (Low Sugar)** Peanut Butter Jelly **Canned Vegetables** (Low Sodium) **Cleaning Supplies Toiletries Toilet Paper Paper Towels** *Pop top lids are preferred.

HELP US RESTOCK

Hold a Food and Funds Drive and Help Us Restock the Food Bank's Shelves!

Host a Food and Fund Drive at your place of employment, school, church, organization, or club and make a direct impact in our communities by helping us restock our shelves. Every \$1 donated to the Food Bank provides up to five meals or eight pounds of food.

CAN YOU HELP?

Call (574) 232-9986 ext. 124 for more information.



IN MY VIEW

The Food Bank of Northern Indiana distributed 11,082,250 pounds of food through its six-county service area in 2024. It's the second-largest distribution in our organization's history — second only to our distribution in 2020 during the COVID-19 pandemic.

The Food Bank of Northern Indiana's network of partners in our six-county service area saw a 12% increase in the number of households served in 2024. And, over the past two years, our network has seen a 39% increase in households served.

> Our lines are still far too long for neighbors like Frank, who continue to make difficult choices between food and other basic necessities.

How can you lend your voice to speak out against hunger?

With gratitude,

Marijo Martinec Executive Director and CEO mmartinec@feedindiana.org

Meet Frank

Shrimp & Crab Boil

When Frank moved to Indiana from Florida in 2023 to care for his ailing mother, he immediately began his job search.

Unfortunately, Frank had trouble finding a position that would pay well enough to support both him and his mother.

"I was used to taking care of myself. That's how it was for more than 30 years. But now my mom needs more medical attention, she has all kinds of bills that need to be paid, and soon I was running out of money for myself."

Though it's sometimes hard to ask for help, Frank reached out to the Food Bank

<image>

of Northern Indiana and learned about food pantries and mobile food distributions to help him during this time of financial instability.

"It has helped a lot to be able to come to the food pantry, because all of the money that would be going into groceries can now be helping with my mom's healthcare expenses. It takes a lot of weight off my shoulders knowing that I can help her in that way."

Neighbors like Frank live in every community we serve. Your support makes a difference. Call (574) 232-9986 ext. 124 for more information on how you can help.

CONTING ON EACH OTHER

DAN

NO.

2024 Annual Report



2024 Board of Directors

Jason Pursehouse, Chair Meijer

Ron Bartholomew, Vice Chair WNDU TV

Brandon Demitruk, Treasurer and Secretary Everwise Credit Union

> Linda Bernth Retired CEO

Craig Brechtel 1st Source Bank

Chris Fought

Amber Neal Barnes & Thornburg, LLP

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> Alicia Webber Hub International

2024 Food Bank of Northern Indiana Staff

Marijo Martinec Executive Director and CEO

Kim Barrier Chief Financial Officer

Barb Freel Administrative Coordinator

> **Timo Fuentes** Warehouse Services

Oscar Gibson Warehouse Manager

Konnie Harkin Administrative Support and Inventory Specialist

> Ken Kizer Agency Distribution Coordinator

Brandy Love Agency Relations Director

Cara Montana Office Manager and HR Generalist

Theresa Thompson Finance Manager and Executive Assistant

Bob Wieneke Food Donor Relationship Director

MESSAGE FROM FBNI BOARD CHAIR



Hunger is not just a challenge: it is a reality faced by thousands of our neighbors across Northern Indiana every day.

In 2024, we saw **continued economic challenges**, with inflation and rising costs affecting families already struggling to put food on the table.

Despite these challenges, **our collective efforts have made a difference:**

- We distributed **11,082,250 pounds** of food bringing nourishment to families, seniors, and children in need. This is the second largest distribution in our organization's history and the equivalent of up to **8,658,008 meals**.
- Our **mobile food distributions expanded**, allowing us to bring food directly to those who need it most.
- Through programs like Food 4 Kids Backpack, and Senior Nutrition, we provided tailored solutions to address hunger across different age groups.
- Our **9,891 volunteers** dedicated **25,630 hours of service**, demonstrating the power of our community in action.

Your generosity fuels our mission and provides hope to those who need it most.

As we step into 2025, our commitment remains stronger than ever. We will continue to innovate, expand our outreach, and ensure that every family has access to nutritious food. But we cannot do this alone. Hunger is a challenge we can only overcome together.

Whether you contribute through donations, volunteering, or spreading awareness, **you are a crucial part of this fight.** Together, we are not just providing food, we are providing hope, dignity, and a brighter future for our neighbors in need.

Let's continue to make an impact, one meal at a time.

With gratitude, **Ron Bartholomew** Chairman of the Board, Food Bank of Northern Indiana

DONORS AND COMMUNITY

Top Food Donors

Edward Jones 1st Source Bank FedEx Freight Granger Community Church Harmony Healthcare IT iPORCH Kennedy Primary Academy

Marshall Traditional School Martin's Super Market #4 Martin's Super Market #6 Martin's Super Market #10 Martin's Super Market #11 Martin's Super Market #12 Martin's Super Market #16 Martin's Super Market #17 Martin's Super Market #25 Mauer Well Service Michiana Renaissance Festival National Association of Letter Carriers Near North Title Company

2024 AT A GLANCE

Through a network of 115 partner agencies, the Food Bank of Northern Indiana distributed 11.08 million pounds of food through food pantries, soup kitchens, shelters, and daycare facilities in Elkhart, Kosciusko, LaPorte, Marshall, St. Joseph and Starke Counties. In addition, the Food Bank directly provided food to neighbors in need of food assistance through programs such as the Community Food Pantry of St. Joseph County, Direct Agency Pick-Up Program, DoorDash Home Deliveries, Food 4 Kids Backpack Program, Mobile Food Distribution Program, Senior Nutrition Program, Commodity Supplemental Food Program (CSFP) and The Emergency Food Assistance Program (TEFAP).

- Pounds Distributed: 11,082,250 pounds - the equivalent of up to 8,658,008 meals.
- Pounds Acquired: 11,606,890 pounds.
- Agency Direct Retail Pick-Up
 Program Acquired:
 1,679,926: the equivalent of up
 to 1,212,442 meals.
- Community Food Pantry of St. Joseph County: 35,488 households/120,589 individuals served including

6,236 new households/ 20,524 new individuals; 1,738,778 pounds distributed: the equivalent of up to 1,358,420 meals.

DoorDash Home Deliveries:
 221 households/
 662 individuals served.

• Food 4 Kids Backpack Program:

21 schools; 57,566 students/ bags; 238,888 pounds of meals; 119,444 pounds of snacks

- Mobile Food Distributions: 235 distributions provided 1,178,700 pounds of food: the equivalent of up to 920,859 meals and served 38,965 households/115,475 individuals.
- Senior Nutrition Program: 8,860 seniors; 191,543 pounds distributed.
- Volunteers: 9,891 volunteers; 25,630 hours.
- Commodity Supplemental Food Program (CSFP): 3,556 participants; 130,816 pounds distributed.
- The Emergency Food Assistance Program (TEFAP): 60 partner agencies; 3,425,342 pounds distributed.

St. Paul's Lutheran Church The Real Housewives of LaPorte County The Village at Arborwood Trinity School

Top Food Donors

Conagra Brands Costco Wholesale Culver Duck Farms Fruselva USA LLC Kerlikowske Family Farm NFI Industries/ Bimbo Bakeries Procter & Gamble RTI Services Sam's Club #6315 Walmart Distribution Center #8767 Walmart #2679 - Elkhart Walmart #1378 - Goshen Walmart #1566 - Goshen Walmart #2678 - Mishawaka Walmart #4399 - Osceola Walmart #4399 - Osceola Walmart #3436 - Ireland Rd., South Bend Walmart #1304 - Warsaw Target - Goshen Target - Granger Trader Joe's

YOU COUNT ON US TO USE YOUR DONATION WISELY

Income

Donations and Gifts

Government Contributions —

Special Events—

Programs Procurement



Financial Report

Statement of Financial Position December 31, 2024

Income	
Donations and Gifts	\$3,722,748
Government Contributions	321,371
Special Events	102,339
Programs	152,843
Procurement	<u>2,018,875</u>
Estimated Total Income	\$6,318,176
Expenses	
All Food Distribution Costs*	\$3,161,166
Kid and Senior Programs	345,025
Management and General	393,198
Fundraising	<u>499,016</u>
Estimated Total Expense	\$4,348,405
ESTIMATED NET INCOME	\$1,969,771

*Does not include donated food dollars – this information is available upon completed audit.

COUNTING ON EACH OTHER TOGETHER, WE CAN SOLVE HUNGER

OUR MISSION

The Food Bank of Northern Indiana works in partnership with the community to feed the hungry, increase awareness of the effects of hunger and lead programs designed to alleviate hunger.

OUR VISION

The Food Bank of Northern Indiana aspires to create communities where all hungry neighbors have access to healthy and nutritious food.

The Food Bank of Northern Indiana serves Elkhart, Kosciusko, LaPorte, Marshall, St. Joseph and Starke Counties and is a member of Feeding America, Feeding Indiana's Hungry and United Way.

Food Bank of Northern Indiana

702 Chapin St South Bend, IN 46601-2804 574-232-9986 • 800-879-7040 **feedindiana.org**



The Food Bank of Northern Indiana is a proud member of:





PROGRAM UPDATES



Food 4 Kids Backpack Program

Since 2006, the Food 4 Kids Backpack Program has been providing students with a weekend bag of food during the school year and holiday breaks.



The cost is \$3.75/student each week for the school year. The Food Bank continues to pilot an enhanced backpack program that provides larger quantities for one group of students. The cost is \$7.50/student per week for the school year. You can provide the tools for these hungry students to be successful in school and life. Call (574) 232-9986 ext. 124 for more information.

2024 Mobile Food Distribution Statistics

County	# of Distributions	Pounds	Households	Individuals
Elkhart	28	283,012	6,629	23,619
Kosciusko	18	139,818	2,852	9,148
Marshall	18	78,064	4,781	12,172
LaPorte	65	276,328	10,103	28,298
St. Joseph	73	321,989	11,488	32,582
Starke	33	179,489	4,781	12,172
Total	235	1,178,700	38,965	115,475

*Due to Feeding Matters production schedule, numbers reflect January – December 2024

Senior Nutrition Program

Through December 2024, the Senior Nutrition Program served 8,860 seniors, who received 191,543 pounds of food — the equivalent of up to 149,643 meals — in Elkhart, Kosciusko, LaPorte, Marshall, Starke and St. Joseph Counties.

An investment of \$18.22 each month ensures that a senior in need of food assistance receives a monthly bag of food.

For more information on how to support the Food 4 Kids Backpack Program, Mobile Food Distribution Program and the Senior Nutrition Program, call (574) 232-9986 ext. 124.

*Due to the production schedule of Feeding Matters, numbers reflect January through December 2024.

Agency Spotlight

Sunnyside Presbyterian Church Food Pantry 115 S. Frances St., South Bend, IN 46617 (574) 287-1524

Pantry Hours: Monday and Thursday from 9:30 a.m. – 11:30 a.m. This pantry is closed on Christmas Day, New Year's Day, and July 4 (if those days fall on a Monday or Thursday). Additionally, this pantry is closed the Monday after Easter Sunday. Those in need of food assistance may shop there once per month.



Because this pantry operates in a small space, people do not come back into the food pantry space but are greeted at the door by volunteers who are parishioners from the church. They sign in and are given bags of food based on the number of people in their family. In addition to food, recipients receive a listing of other community pantries and resources. This pantry served 1,230 households/4,726 individuals in 2024.

Sunnyside Presbyterian Church Food Pantry is funded through financial donations, in-kind donations and fundraisers — their two main fundraisers are organized by their deacons: A salad bar luncheon in the fall, and a trivia night in the spring.

The Sunnyside Garden Group came together to grow produce for the Sunnyside Food Pantry. It was the second year (2024) benefitting from the new Sunnyside gardening space. At the beginning of the season, the group amended the soil to foster healthier plant growth and planted companion flowers to attract beneficial insects and bees. During the month of May, gardeners gathered to plant tomatoes, cucumbers, peppers, green beans, squash, and kale. Over the next few months, they regularly monitored, watered, and faithfully harvested twice a week to benefit the Food Pantry. In 2024, the group experimented with growing carrots and sugar snap peas as a late seasoning offering, with hopes to further diversify their offerings in 2025. The end-of-season green tomatoes were processed into canned salsa verde to ensure nothing went to waste.

Commodity Supplemental Food Program (CSFP)

Through December 2024, 3,556 seniors in Elkhart, LaPorte, Marshall and St. Joseph Counties received 130,816 pounds of food — the equivalent of up to 102,200 meals.

To learn more about eligibility requirements for CSFP and about the Food Bank's partner agencies, please contact Brandy Love, Agency Relations Director, at blove@feedindiana.org or (574) 232-9986 ext. 137.

2025 Board of Directors

Ron Bartholomew, Chairman WNDU-TV

Brandon Demitruk, Vice Chairman Everwise Credit Union

Craig Brechtel, Treasurer and Secretary 1st Source Bank

Jason Pursehouse, Past Chairman Meijer

> Linda Bernth Retired CEO

Chris Fought Kroger

Blake Mattucci Beacon Health System

Amber Neal Barnes & Thornburg LLP

TyAisha Taylor-Gardner Woodforest National Bank

> Alicia Webber Hub International

Marijo Martinec, Executive Director and CEO Food Bank of Northern Indiana

The Food Bank of Northern Indiana works in partnership with the community to feed the hungry, increase awareness of the effects of hunger and lead programs designed to alleviate hunger. The Food Bank of Northern Indiana serves Elkhart, Kosciusko, LaPorte, Marshall, Starke and St. Joseph Counties and is a member of Feeding America, Feeding Indiana's Hungry and United Way.

100% (\$176,146.00) [FY 2024-2025] of total program costs for The Emergency Food Assistance Program (TEFAP) are financed with federal funds. TEFAP is an equal opportunity employer and provider.

100% (\$16,490.00) [FY 20243-2025] of total program costs for the Commodity Supplemental Food Program (CSFP) are financed with federal funds. CSFP is an equal opportunity provider.





Food Bank of Northern Indiana 702 Chapin St South Bend, IN 46601-2804 feedindiana.org 574-232-9986 • 800-879-7040 15-FBNIN-0425-N

VOLUNTEER SPOTLIGHT!

Help us feed our hungry neighbors! Volunteer opportunities can include:

- Packing food bags and boxes for distributions.
- Pre-sorting donations in our warehouse.
- Serving as a personal shopper in the Community Food Pantry of St. Joseph County located on-site at the Food Bank.
- Helping with various cleaning and organization projects inside the warehouse and outside on the Food Bank's property.





Opportunities are available Monday through Friday from 8 a.m. – 4 p.m. with extended hours available until 6 p.m. each Wednesday. A two-hour time commitment is preferred. We have a critical need for volunteers Monday and Friday mornings in our onsite food pantry.

If you live outside of St. Joseph County, we can connect you with our partner agencies in Elkhart, Kosciusko, LaPorte, Marshall and Starke Counties.

Share your time and talent with us. Sign up at feedindiana.org/ get-involved/volunteer or call (574) 232-9986 ext. 129.



FOOD FINDERS

Through December 2024, the Food Bank distributed 11,082,250 pounds and received 11,606,890 pounds of product. During this period, 3,556,158 pounds of government commodities were distributed, and 3,989,563 pounds were received.

Additionally, our Agency Direct Pick-Up Program received 1,679,926 pounds of assorted dry goods and perishable items.