

# Meals with Muffet Food Drive

food bank  
OF NORTHERN INDIANA



**Help the Food Bank restock its shelves!**

**SATURDAY,  
SEPTEMBER 27TH,  
2025**

**PUT DONATED FOOD ITEMS IN A  
PLASTIC BAG BY YOUR MAILBOX!  
A VOLUNTEER WILL PICK UP  
YOUR DONATION AND DELIVER IT  
TO THE FOOD BANK BETWEEN  
10AM - 1PM**

**A Food Bank of Northern Indiana vehicle will be at the South  
Bend Farmer's Market on Saturday, September 27, from  
7 am - 3 pm collecting non-perishable food donations.**



## MOST NEEDED ITEMS:

- Boxed breakfast cereal
- Boxed helper dinner meals
- Brown rice
- Canned chicken & tuna
- Canned soup, stew or ravioli
- Dried beans (black, northern, pinto)
- Peanut butter
- Shelf stable milk
- Spaghetti sauce
- Whole wheat pasta

\*Pop top lids are preferred, no glass jars please.

### *Not home Saturday?*

**Bring your food donations to Martin's  
Super Market locations in South Bend,  
Goshen, Warsaw and Plymouth  
starting on September 22nd.  
Find the orange Food Bank barrels!**



**OR make a  
donation -  
\$1 provides up to 5  
meals or 8 lbs. of  
food for a hungry  
neighbor**